

Improving attention after brain injury?

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Can you train working memory and attention?

- Working Memory – current contents of conscious thought, capacity limited
- Attention – goal directed task engagement, capacity limited
- Impairments likely due to large fronto-parietal networks, mechanisms of TBI etc.
- Promising but mixed data from children (e.g. Klingberg, 2005, Holmes et al., 2009).
- Current



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Sarah Bishop



Duncan Astle



John Duncan

Training well received, good compliance and technical performance

Training gains plateaued after ~15 days

Attention training linked with significant reduction on untrained spatial bias and amount taken in 'at a glance' tasks

Working memory training - significant increase in WM capacity on untrained task

Both training conditions linked with significant improvement in self-reported cognitive and motivation items from EBIQ

Current study (3 years, n = 100) funded by Stroke Association

THANK YOU