

Cambridge University Hospitals



NHS Foundation Trust

**Cambridge University Hospital's Rehab  
Physiotherapy Team present:**

# **Rehab Conference**

## **Motor Recovery and Predicting Outcome Post Stroke**

**Tuesday 15<sup>th</sup> September**

**£100, including lunch**

**Clinical School, Addenbrooke's Hospital,  
Cambridge**

09:00am – 4:30pm

For further information and an application form please contact:  
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**Cambridge University Hospital's Rehab Physiotherapy Team  
Conference September 2015**

**Planned Programme:**

- 9:00 – 9:15 Registration
- 9:15 – 9:30 Introduction to day Katie Bond and Peter Hartley
- 9:30 – 9:55 Dr. Fahim Anwar: Spasticity and the neurophysiology behind pharmacological management post stroke, and the impact on motor recovery.
- 9:55- 10:25 Dr. Kirker: Managing spasticity with botox in the subacute stage of stroke rehab with reference to the MDT botox clinic.
- 10:25 – 10:55: Coffee break
- 10:55 – 11:25: Will Winterbotham – Motor Recovery in Chronic Stroke Phase.
- 11:25 – 11:55: Dr. Liz Warburton – TBC: Imaging mechanisms of damage in both ischemic and haemorrhagic stroke using PET, CT perfusion and MRI imaging.
- 11:55 – 12:10: Diana Day – Value of MRI with reduction of LOS
- 12:10 – 13:10: Lunch and poster presentation
- 13:10 – 13:55: Prof. Val Pomeroy – Predicting motor recovery post-stroke
- 13:55 – 14:25: Dr. E O'Brien – Medical management to drive motor recovery post-stroke
- 14:25 – 14:55: Tea break
- 14:55 – 15:30: Dr. Ian Wellwood -Physical fitness training after stroke: summary of evidence from clinical trials
- 15:30 – 16:00: Ross McCaig – Orthotic intervention to help optimise gait pattern post stroke and the importance of an MDT approach.
- 16:00 – 16:30 Questions, Close of Day

**Programme subject to change.**