

# Living with brain injury or stroke?



Join us for 3 sessions, exploring:

- The effects of brain injury
- Practical tips and strategies
- Advice and support

For people affected by brain injury, come along and meet other people experiencing similar situations

**FREE programme with refreshments**

**When:** Weekday

18th January 2019

25th January 2019

1st February 2019

**Time:** 1:30-3:30pm

**Where:**

Charing Cross Centre,  
19 St John Maddermarket,

Norfolk,  
Norwich,

NR2 1DN

**Book your place:** Contact Angela on **07780439060**  
or email [angela.page@headway-nw.org.uk](mailto:angela.page@headway-nw.org.uk)



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